



Clybiau  
Plant Cymru  
Kids' Clubs



## Expanding our Cylch with an Aferschool Club

### **Cylch Meithrin Y Gurnos, Merthyr Tydfil**

Cylch Meithrin Y Gurnos, supported by Clybiau Plant Cymru Kids' Clubs (CPCKC) CYMell Project, expands their provision to include an Afterschool Childcare Club for children up to the age of 12, answering parents' need for afterschool care.



*"We would recommend that any other Cylch considering an Afterschool Childcare Club contact CPCKC. They made what could have been a complicated and stressful process feel manageable and even exciting. Their experience, resources, and commitment to supporting venues like ours have been invaluable".*

#### **Why open an Afterschool Childcare Club?**

At Cylch Meithrin Y Gurnos, we have always prioritised listening to the needs of our families. One of the most common requests from parents was for extended childcare, particularly to support those with full-time work commitments. As a growing setting with a positive reputation in the community, strengthened by several awards, we saw an opportunity to meet this need and further develop the services we offer.

Although we are a relatively new setting, we have seen our numbers grow rapidly, and the demand for longer hours was increasing, with many parents telling us they needed more flexible childcare options. Opening an Afterschool Childcare Club felt like a natural step forward.

One of the biggest advantages is having the Afterschool Childcare Club on the same site as our Cylch, under the same Care Inspectorate Wales (CIW) registration. This made the process of extending our hours much simpler. We did not need to go through a registration process, instead, we adjusted our existing hours and policies, any additional policies were available through CPCKC. The easy changes were a huge relief for managers.

#### **The Club in Action**

Since opening, the club has had a positive impact on our families, the children, and our wider community. Parents can now work longer hours without the stress of rushing to collect their children, knowing they are being looked after in a familiar and nurturing environment.

What has been particularly positive is the opportunity to reconnect with children who had outgrown the Cylch and moved on to full time school. It's lovely to be a part of their everyday lives again and watch them grow.



Like any new project, it took a few weeks for numbers to grow and for staff to adapt. Initially, attendance was low, but interest has grown steadily, mainly through word of mouth. Children who attend tell their friends, and before long, we had more families getting in touch.

At the moment we offer 8 places (which will increase over time) with 6 / 7 children attending every day. The club has given us a new way to engage with children and continue to support their development beyond the early years.

### **Child-led play**

Our activities are based on the children's interests. This method ensures high levels of engagement and allows the children to feel ownership over their time with us. It has been great to watch them explore, create and enjoy the Club in a relaxed environment.

### **Support and Training**

The grant we received through CPCKC's CYMell project was essential to help us get the club up and running. It allowed us to purchase resources that were more appropriate for older children and support staffing costs during the early stages when numbers were still growing.

Access to fully funded Playwork training through CPCKC has made a huge difference. It has given our staff a new approach to play, deepened their understanding of quality provision for school-age children, and transformed how they present activities every day.

The guidance and support we have received from CPCKC has been fantastic. We wanted to open as soon as possible, and with their help, we were able to. They were there for us every step of the way, offering advice, training, resources, and ongoing encouragement.

The team continue to meet with us regularly and knowing that we can reach out at any time if we need help gives us huge peace of mind.

### **Conclusion**

Opening an After School Childcare Club has been a meaningful and positive extension of our Cylch. It has allowed us to better support our families and re-engage with children we had previously looked after. We are now able to offer a high-quality experience from the early years through to school life. Thanks to the support of CPCKC the grant funding, and our dedicated team, we have created an After School Childcare Club that continues to grow.

**Myfanwy Harman, Manager.  
20/06/2025**

[Contact Us](#) to find out more about the support Clybiau Plant Cymru Kids' Clubs can offer your club.  
[www.clybiauplantcymru.org](http://www.clybiauplantcymru.org)  
[info@clybiauplantcymru.org](mailto:info@clybiauplantcymru.org)  
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## Ehangu ein Cylch â Chlwb ar ôl Ysgol

### Cylch Meithrin Y Gurnos, Merthyr Tydfil

Mae Cylch Meithrin Y Gurnos, gyda chefnogaeth Prosiect CYMELL Clybiau Plant Cymru Kids' Clubs (CPCKC), wedi ehangu eu darpariaeth i gynnwys Clwb Gofal Plant Ar ôl Ysgol ar gyfer blant hyd at 12 oed, gan ateb anghenion rhieni am ofal ar ôl ysgol.



*“Byddem yn arghymhell unrhyw Cylch sy'n meddwl darparu Clwb Ar ôl Ysgol i gysylltu â CPCKC. Wnaethon nhw wneud proses—a allai fod wedi bod yn un cymhleth a llawn straen deimlo'n hawdd, a hyd yn oed cyffrous. Mae eu profiad, adnoddau, a'u hymrwymiad i gefnogi lleoliadau fel ein ni wedi bod yn amhrisiadwy,”*

#### Pam agor Clwb Gofal Plant ar ôl Ysgol?

Yng Nghylch Meithrin Y Gurnos, rydym bob amser wedi blaenoriaethu gwrando ar anghenion ein teuluoedd. Un o'r ceisiadau mwyaf cyffredin gan rieni oedd am ofal plant estynedig, yn enwedig i gefnogi'r rhai sydd ag ymrwymiadau gwaith llawn amser. Fel lleoliad sy'n tyfu, a chydag enw cadarnhaol yn y gymuned, ac wedi'i gryfhau gan sawl gwobr, gwelsom gyfle i gwrdd â'r angen hwn a datblygu'n ymhellach y gwasanaethau yr ydym yn eu cynnig.

Er ein bod yn lleoliad wedol newydd, rydym wedi gweld ein niferoedd yn tyfu'n gyflym, ac roedd y galw am oriau hirach yn cynyddu, gyda llawer o rieni yn dweud wrthym fod angen opsiynau gofal plant mwy hyblyg. Roedd agor Clwb Gofal Plant ar ôl Ysgol yn teimlo fel cam naturiol i gymryd.

Un o'r manteision mwyaf yw cael y Clwb Gofal Plant ar ôl Ysgol ar yr un safle â'n Cylch, ac o dan yr un cofrestrriad gydag Arolygiaeth Gofal Cymru (AGC). Roedd hyn yn gwneud y broses o ymestyn ein horiau lawer hawsach. Nid oedd angen i ni fynd trwy broses gofrestru; yn hytrach, wnaethom addasu ein horiau a'n polisiau presennol; roedd unrhyw bolisiau ychwanegol ar gael drwy CPCKC. Roedd y newidiadau hawdd yn rhyddhad enfawr i'r rheolwyr.

#### Y Clwb ar Waith

Ers agor, mae'r clwb wedi cael effaith gadarnhaol ar ein teuluoedd, y plant, a'n cymuned ehangach. Gall rhieni nawr weithio oriau hirach heb y straen o frisiau i gasglu eu plant, gan wybod eu bod yn cael gofal mewn amgylchedd cyfarwydd a meithringar.

Mae'r cyfle i ailgysylltu â phlant a oedd wedi tyfu'n rhy hen i'r Cylch ac wedi symud ymlaen i'r ysgol lawn-amser wedi bod yn arbennig o gadarnhaol. Mae'n hyfryd bod yn rhan o'u bywydau bob dydd unwaith eto a'u gwyllo nhw'n tyfu.



Fel unrhyw brosiect newydd, cymrodd ychydig o wythnosau i'r niferoedd dyfu ac i staff addasu. I ddechrau, roedd y gyfradd bresenoldeb yn isel, ond mae'r diddordeb wedi tyfu'n gyson, yn bennaf drwy sôn ar lafar. Mae plant sy'n mynchu yn dweud wrth eu ffrindiau, a chyn hir, roedd gennym fwy o deuluoedd yn cysylltu â ni.

Ar hyn o bryd rydym yn cynnig 8 lle (a fydd yn cynyddu dros amser), a 6 / 7 o blant yn mynchu bob dydd. Mae'r clwb wedi rhoi ffordd newydd i ni ymgysylltu â phlant a pharhau i gefnogi eu datblygiad y tu hwnt i'r blynnyddoedd cynnar.

### Chwarae o dan arweiniad plant

Mae ein gweithgareddau yn seiliedig ar ddiddordebau'r plant. Mae'r dull hwn yn sicrhau lefelau uchel o ymgysylltu ac yn caniatáu i'r plant deimlo perchnogaeth o'u hamser gyda ni. Mae wedi bod yn wych eu gwylio yn archwilio, creu a mwynhau'r Clwb mewn amgylchedd hamddenol.

### Cymorth a Hyfforddiant

Roedd y grant a gawsom drwy brosiect CYMell gan CPCKC yn hanfodol i'n helpu i roi'r clwb ar waith. Roedd yn caniatáu inni brynu adnoddau a oedd yn fwy priodol i blant hŷn a chefnogi costau staffio yn ystod y camau cynnar pan oedd niferoedd yn dal i dyfu.

Mae mynediad at hyfforddiant a ariennir yn llawn drwy CPCKC wedi gwneud gwahaniaeth enfawr. Mae wedi rhoi agwedd newydd i'n staff ar chwarae, dyfnau eu dealltwriaeth o ddarpariaeth o ansawdd i blant oed-ysgol, ac wedi trawsnewid sut maen nhw'n cyflwyno gweithgareddau bob dydd.

Mae'r arweiniad a'r gefnogaeth a gawsom gan CPCKC wedi bod yn wych. Roedden ni'n awyddus i agor cyn gynted â phosib, a gyda'u cymorth nhw, roedden ni'n gallu gwneud hynny. Roedden nhw yno i ni ar bob cam, gan gynnig cyngor, hyfforddiant, adnoddau, ac anogaeth barhaus.

Mae'r tîm yn parhau i gwrdd â ni yn rheolaidd ac mae gwybod y gallwn gysylltu ar unrhyw adeg os oes arnom angen help yn rhoi tawelwch meddwl enfawr i ni.

### Casgliad

Mae agor Clwb Gofal Plant ar ôl Ysgol wedi bod yn estyniad ystyrlon a chadarnhaol o'n Cylch. Mae wedi caniatáu inni gefnogi ein teuluoedd yn well ac ailymgysylltu â phlant yr oeddem wedi gofalu amdanynt o'r blaen. Rydym bellach yn gallu cynnig profiad o ansawdd uchel o'r blynnyddoedd cynnar hyd at fywyd yn yr ysgol. Diolch i gefnogaeth CPCKC, y cyllid grant, a'n tîm ymroddedig, rydym wedi creu Clwb Gofal Plant ar ôl Ysgol sy'n parhau i dyfu.

**Myfanwy Harman, Rheolwraig.**

20/06/2025

[Cysylltwch â ni](#), er mwyn ddarganfod mwy am y gefnogaeth y gall Clybiau Plant Cymru Kids' Clubs ei gynnig i'ch clwb.

[www.clybiauplantcymru.org](http://www.clybiauplantcymru.org)  
[info@clybiauplantcymru.org](mailto:info@clybiauplantcymru.org)

029 2074 1000

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