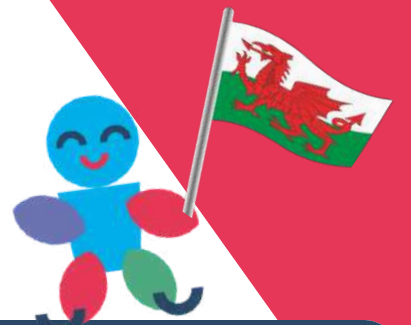
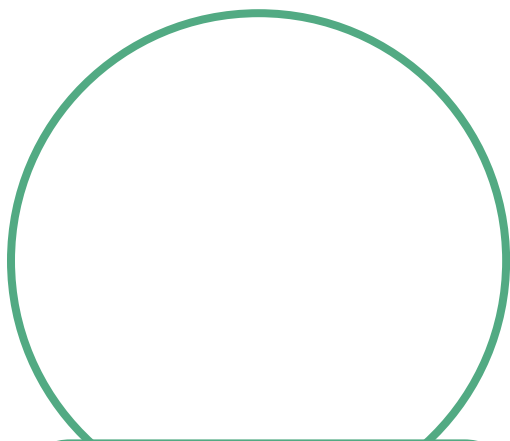


How are you feeling?

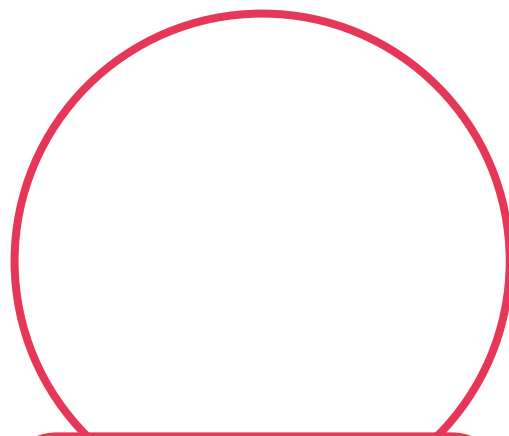
Activity: Create a "Sut Wyt Ti?" feelings board.



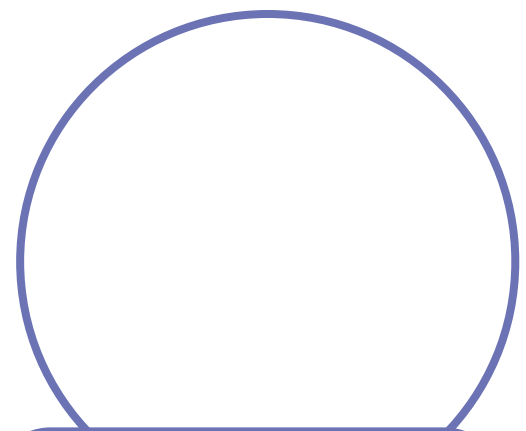
Children can draw or create different faces/emojis and add the Welsh feeling underneath. When children arrive at club, ask "Sut wyt ti?" and let them point to or say how they are feeling.



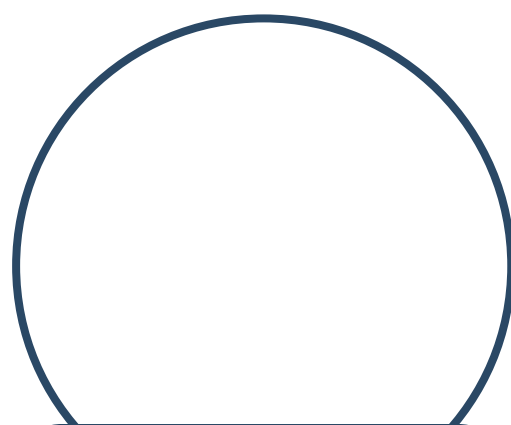
Da – Good



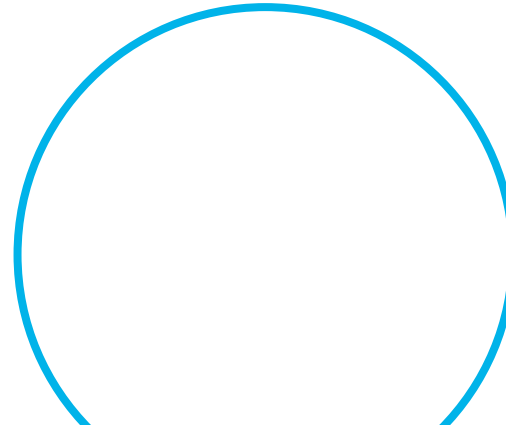
Da iawn – Very good



Wedi blino – Tired



Trist – Sad



Hapus – Happy



Make it sustainable:

Keep the board near your entrance or registration area. Staff don't need to remember lots of new Welsh – simply build "Shwmae! Sut wyt ti?" into the normal welcome routine.



Bronze

Include the Welsh language within an everyday club activity or routine.



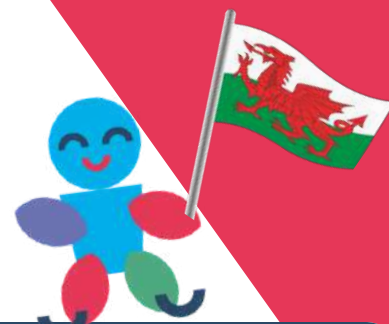
Silver

Silver: Make Welsh visible by displaying useful, high-frequency words where staff and children can easily see and use them.

Sut ydych chi'n teimlo?



Gweithgaredd: Crëwch fwrdd
teimladau "Sut Wyt Ti?"



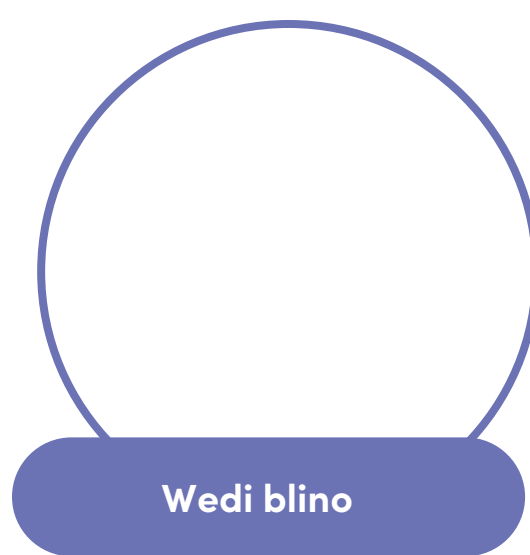
Gall plant dynnu lluniau neu greu wynebâu/emojis gwahanol ac ychwanegu'r teimlad Cymraeg o dan y llun. Pan fydd plant yn cyrraedd y clwb, gofynnwch "Sut wyt ti?" a gadewch iddynt bwyntio at sut maen nhw'n teimlo neu ei ddweud.



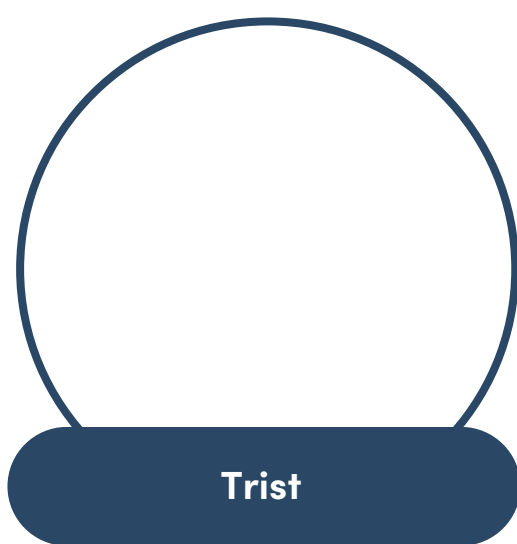
Da



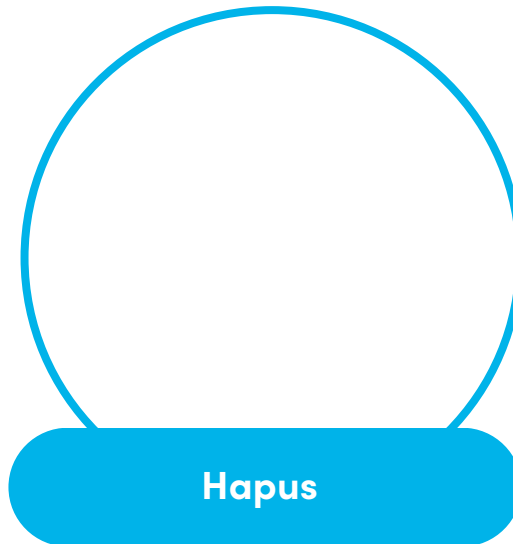
Da iawn



Wedi blino



Trist



Hapus



Gwnewch yn gynaliadwy

Cadwch y bwrdd ger eich mynedfa neu ardal gofrestru. Nid oes angen i staff gofio llawer o Gymraeg newydd – yn syml, adeiladwch "Shwmae! Sut wyt ti?" i mewn i'r arfer croesawu beunyddiol.



Efydd

Cynhwyswch y Gymraeg mewn gweithgareddau neu arferion clwb bob dydd.



Arian

Gwnewch y Gymraeg yn weladwy drwy arddangos geiriau defnyddiol, amledd uchel, lle gall staff a phlant eu gweld a'u defnyddio'n hawdd.